

# Relaxing Area

For students and university  
employees



# Relaxing Area

- ★ With this project we want to do something for the **motivation and concentration** of students, employees and professors in their life at university.
- ★ Most of the time they are at university and therefore need **a place to calm down and relax**. We think that an area like this is necessary, because a person cannot stay concentrated the whole day. At university people have no place to calm down and relax, because there are many people around them, which can be stressful.



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- ★ So one does not have much time alone and cannot relax for a while. Nevertheless from time to time it is very important to **minimize one's stress level**, in order to be concentrated for the next seminar, ready to work in the library etc.
- ★ Therefore, it would be good to have a place **on the campus** where the students and professors can go if they need some **time to relax** and to **collect new energy** for the next steps.



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- ★ How long will the **preparation** last?

We think that the preparation for our project will take about **three months**. That short period of time is only possible because the rooms already exist and just have to be prepared and modified according to our project. We do not think that it will take more than three months to buy the necessary equipment for each room with its special requirements.



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- ★ Whom could we **cooperate** with?

We need help for our project and that not only in a financial sense but also in terms of organization.

We could ask the **Managing Committee** of our University for assistance, they surely know best which rooms are suitable. We also count on the **students' committees**. We hope some financial means will be granted for this project.



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- \* How much will the project cost?

It is difficult to calculate the costs because we do not know how much the furniture and all the equipment might cost.

We need: at least 10 massage chairs, 2 loudspeakers per room (4), perfumed candles, decoration material such as wallpaper, lamps etc. Organization costs for publicity: a printer, a telephone, a computer, advertisement (flyers).

As we hope to get the rooms from our university for free, we think the project could cost about **35.000,00 €**



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- ★ If our suggestions were realized, we would like to charge a small fee (about 1,50 € for 15 minutes) for using the massage chairs. So we hope to cover the costs for running expenses (e.g. electricity).
- ★ The Relaxing Area would be run by students on a non-profit basis.

**Project: *RELAXING AREA***

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